

## Popular scientific project description for project funded by Ekhagastiftelsen

Popular scientific project description is to be submitted within 2 months of project grant.

Application number:	2020-81
Project title:	Indicators for assessment of health effects of consumption of sustainable, organic school meals in Ecoregions (INSUM)
Receiver of grant (name, address):	Susanne Bügel, Københavns Universitet, Department of Nutrition, Exercise and Sports Rolighedsvej 26 DK-1958 Frederiksberg C, København Danmark
Contact / project manager:	Susanne Bügel
Project start (yyyy-mm-dd): *	2021-02-01
Project end (yyyy-mm-dd): *	2023-01-31
By Ekhagastiftelsen granted sum:	1 250 000 SEK

Project description: (max 150 words)

The aim of our project is to create a network of experts in the field of school meals, nutrition, organic food and diets, child health and other relevant areas, to define the most suitable indicators to be used for future research aiming at assessing diet and health in ecoregions focusing on sustainable, organic production and consumption. For this we will organize 2 international workshops, with invited experts, followed by the development and publication of the workshop proceedings with consensus statements and guidelines. School meal programs will be in focus. We will also carry out a systematic literature review on organic food and health, with an analysis of indicators differentiating consumers of organic vs. conventional food. All the project outcomes and networking actions aim to set a strong background for a multicenter Horizon Europe project about dietary transition, consumption of organic and sustainable food, health and wellbeing of inhabitants in ecoregions.

\* Dates for project start and end should be the dates for which the grant is received (Not dates for total project if longer than period for which grant is received)